



## WORKSHOP #1

# THE UNDERCURRENT EFFECT™

## Mastering the Unseen Dynamics That Drive Performance

*Most leaders focus on what's visible, but the real obstacles—and opportunities—are happening beneath the surface.*

The *Undercurrent Effect*™ equips teams to recognize the unspoken tensions, emotional undercurrents, and overlooked dynamics influencing culture, collaboration, and results. When leaders only react to surface-level issues, they end up managing symptoms instead of solving the root causes of misalignment, disengagement, and stalled performance. This workshop gives them the tools to see what's really driving success—and what's quietly holding them back.

**Best for:** This workshop is ideal for professionals at all levels who want to strengthen trust, cohesion, and collaboration by uncovering and addressing the hidden forces shaping their organization's success.

### Participants will increase their ability to:

- ✔ Identify and address unseen factors affecting team performance.
- ✔ Enhance collaboration by surfacing and resolving unspoken tensions.
- ✔ Strengthen team cohesion through a deeper understanding of underlying dynamics.

### After the workshop, attendees will be equipped to:

- ✔ Recognize and navigate unseen challenges before they create roadblocks.
- ✔ Foster open communication to surface and resolve hidden conflicts.
- ✔ Build a more aligned, high-trust team environment.

**This is the foundation; once people recognize unseen forces, they can take more effective action in the next workshop, *Everyday Courage*™.**