



WORKSHOP #5

LEADING UNAPOLOGETICALLY

**Own Your Influence. Lead
Without Limits.**

Women don't need permission—they need the space to lead on their terms.

This workshop is about taking it. Too often, women are advised to “*speak up*” or “*be more assertive*,” but real success isn’t about fitting a mold—it’s about redefining it.

Leading Unapologetically helps participants reach their full potential by challenging outdated expectations, addressing self-imposed limitations, and showing up with boldness.

This workshop sparks honest conversations about women’s unspoken pressures—the energy spent proving themselves, the influence they don’t always claim, and the choices that shape their impact.

It equips them with the tools to communicate confidently, lead with conviction, and own the space they’ve earned.

Participants will increase their ability to:

- ✔ Challenge expectations and navigate resistance with confidence.
- ✔ Step into greater visibility and advocate for their ideas and contributions.
- ✔ Lead with authenticity and authority instead of adapting to outdated norms.

After the workshop, attendees will be equipped to:

- ✔ Make bold, decisive choices that align with their values and leadership style.
- ✔ Push past hesitation and self-doubt to act in moments that matter.
- ✔ Create space for themselves and others to lead unapologetically.

Best for: This workshop is ideal for women at all levels who are ready to step fully into their influence, stop second-guessing their impact, and lead confidently on their terms.

To create a full day program, this pairs perfectly with *Everyday Courage™* for women who want to strengthen their presence and influence, even in environments that resist it.